

ME

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NAME@Xmail.com . (123)456-7890

EDUCATION

Bachelor of Arts, Psychology Major
University of California Berkeley

GPA: 3.50
Graduation Date: May 2014

EXTERNSHIPS

EXTERN, Taipei Veterans General Hospital, Taipei, Taiwan

December 2012

- Gained insight about psychiatry occupational therapy through an interview with an occupational therapist
- Witnessed therapy school students presenting new possible activities for mentally-ill patients

EXTERN, Russo, Fleck and Associates, Orange, California

January 2014

- Observed pediatric occupational therapists conducting Individual Education Plan meetings and therapy sessions for patients with a variety of mental disorders in both school and clinical settings.

VOLUNTEER EXPERIENCE

THERAPIST AID, Elmwood Skill Nursing and Rehabilitation, Berkeley

September 2013-Present

- Hosted two discussion sessions about Proprioceptive Neuromuscular Facilitation for all therapists
- Trained a semi-paralyzed patient to use the Camera Mouse to explore the internet without using hands
- Conducted a discussion about the therapeutic value of Myo, a gesture control armband
- Mentored new volunteer to familiarize with the rehabilitation center
- Engaged in self-directed learning to understand patients' evaluations and the unique roles of each therapist.

EXERCISE LEADER, Chaparral House, Berkeley California

July 2013-Present

- Created an hour of exercise routine that accommodates every patient's preference and unique medical conditions
- Effectively encouraged all patients, who have severe hearing loss, to exercise through utilizing hand gestures.
- Guided patients with dementia out of confusion using empathetic conversation.
- Established friendly relations with each patients through using visual and tactile cues

MENTOR, Youth Mentoring Program at YWCA Berkeley

August 2012-August 2013

- Awarded YWCA 2013 Volunteer Leadership Award for being an outstanding mentor
- Motivated mentee to read 1000 pages, write 10 reading reports, and won first place for events hosted by Berkeley Public Library
- Fostered mentee's interest in science through attending collegiate level physiology lab and physics lecture

ENGLISH TUTOR, English in Action, YWCA, Berkeley

May 2012-August 2013

- Conceptualized and implemented one-on-one English discussions for ESL students
- Evaluated student's learning progresses; adjusted teaching style based on student's needs
- Created and searched more than 100 questions to help new volunteers to interact with their students

ACADEMIC TUTOR, Oakland Asian Student Education Services

February 2013-May 2013

- Demystified system of linear equations for a struggling student, resulting in significantly better performance

RED CROSS CERTIFICATION

- First Aid, April 2014
- Adult and Pediatric CPR/AED, May 2014

OCCUPATIONAL THERAPY EXPERIENCE

PROSPECTIVE NEUROMUSCULAR FACILITATION (PNF) PRESENTATION

2014

- Guided the rehabilitation center therapists to review autogenic and reciprocal inhibition, the theories that explains why PNF works
- Provided mnemonics to allow therapists to remember the upper and lower extremities PNF directions
- Demonstrated both upper and lower extremities rhythmic initiation
- Answered therapists' questions about PNF

TRAINING A SEMI-PARALYZED TO USE THE INTERNET

2014

- Employed clinical reasoning to find the best therapeutic medium for the patient
- Motivate the patient to stay engage in therapy through using verbal and nonverbal encouragements, active listening, and client-centered approach
- Utilized software programs to type a sentence in less than three minutes

OCCUPATIONAL THERAPY PROJECTS

LAPTOP ERGONOMICS, Introduction to Public Speaking,

Spring 2014

- Audience-centered the presentation through surveying and analyzing the most common pain the class experienced while using their laptops
- Clarified why laptops could induce back and neck pain
- Promoted cheap and efficient techniques to use laptops pain-free, such as putting a backpack behind the back, and position the laptop to eyelevel to avoid bending the neck
- Led an engaging exercise to minimize back and neck pain from laptop overuse

PROMOTION BLOG, Introduction to Occupational Therapy, UND Online Distance Education

Spring 2014

- <http://preotund.blogspot.com/>
- Drew more than 30 cartoon pictures to engage readers to understand occupational therapy, while applying humor
- Explained 30 occupational therapy concepts, including frame of reference, areas of occupations, modes of interventions, occupational therapy values and etc.

ACTIVITY ANALYSES, Introduction to Occupational Therapy, UND Online Distance Education

Spring 2014

- Developed a 6 page detailed case analysis outlining the performance patterns, context and environment, and the activity demands of a participant using a chopstick to eat sushi
- Clarified each of the movements required to use a chopstick through attaching a photo for reference

PAPER CRITC, Introduction to Occupational Therapy, UND Online Distance Education

Spring 2014

- Wrote an essay that summarizes and critiques two research papers comparing Motor relearning Program to other therapeutic techniques

